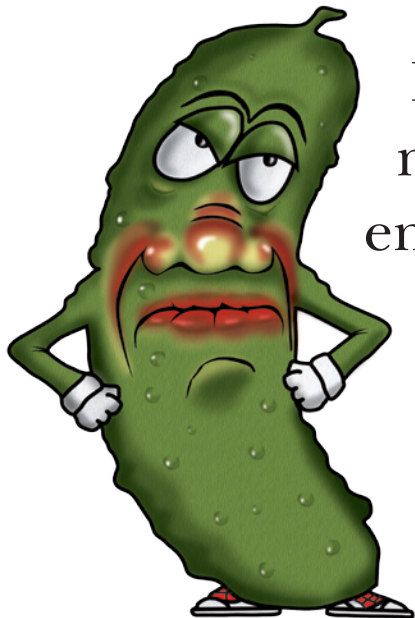


I've Taken The Pickle Pledge

**“I will turn every complaint
into either a blessing or
constructive suggestion.”**



By taking **The Pickle Pledge**, I am promising myself that I will no longer waste my time and energy on blaming, complaining, and gossiping, nor will I commiserate with those who steal my energy with their blaming, complaining, and gossiping.

* So-called because chronic complainers look like they were born with a dill pickle stuck in their mouths.

This is a Pickles Free Zone



PLEASE!

**Leave your Gossiping,
Complaining, Criticizing,
and Toxic Emotional Negativity
at the door.**

THANK YOU!